



## A Research Study Of The Secrets Of Our Life

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### Abstract:

#### Introduction

*The scientists of the whole world are saying that “Our Genes” are identified to that of our Fore Fathers who were living in different parts of the world during various periods. To say in another way that we are different from our Fore Fathers.*

*But I want to stress that “we are our Fore Fathers”.*

#### Methods

*There is no experiments conducted.*

#### Ethics

*It is only “Theoretical” like “Darwin Theory”. Therefore experiments are not necessary for writing this Research Paper.*

#### Statistics

*No statistics has been provided.*

#### Results

*There is no experiment and hence there is no material Results.*

#### Discussion

*We are taking births as Male, Female, Animals or any other creature for the past one lakh years and in Future. It is Never ending process. But our Athma, Anma, which has no beginning or end is always carrying our “Genes” with it. Therefore we are our Fore Fathers. For example an Actor is acting in so many different Cinemas/Dramas in various names, positions like king, servant, labour, poor, rich etc but he is the only one person appearing in so many act. Till now according to Scientist we differ from our Fore Fathers but we are having their “Genes”. My concept, Theory that “we are our Fore Fathers” and our “Genes” may be identical may be subject to detailed study, research by our eminent Scientists.*

### CHAPTERS

1. Who are our forefathers?
  - 1.1. What is called Genes?
2. Whether we are having the Genes of our Forefathers or not?
3. Which determines of our Births?

4. What is the length of Age/life?
5. Who is the God?
6. Who are we?
7. What is the reasons for the children born with Blindness, Deaf, Speechless, Transgender etc.
8. We are our Fore fathers. How?

### 1. “Who are our Fore Fathers”

Genes: The medical Science is telling that everybody, we are having particles i.e., Genes, of our Fore Fathers, in our body. It has also been proved by them.

But according to Scientists our fore fathers were different from us and we are having their “Genes”. They said that the “Genes” found in our body is similar to our fore fathers, who were living in this world, in any part of this world, before thousands of years.

But my submission is that we were our fore fathers.

Now we are human being. Before coming to this birth, this generation, we have born, died then born in a chain of birth for the past one lakh years. How many times we have been born, earlier, we don’t know.

We don’t know who were we.

Our parents, our father, grandfather, are different from us. To say that they are also living with us in their body, and we are also living in our body.

For example, we can say that for the past Seven Generations, our Father, his father, and his father, so on for the past seven Generations, we were different from them.

But, before our Seven Generations, we have born as a male or female or as any one of the Creatures.

In Tamil Language there are Philosophy under the Title “SaivaSiddhantham”. “Saiva” means the worshippers of God Siva, the almighty, “Siddhantham” means the Principles which are saying about the ways and means which are leading us to the Foot of the “almighty” God.

Till we reach the Foot of the God, we have to take several thousands of birth.

“SaivaSiddhantham” says about Pathy(God), Pasu(the Creatures including us), Pasam(the Material things and immeteral things which tie us ever, ie, always).

“Pathy, Pasu, Pasam, EnapPagarMoondril Pathiinai Pol Pasu, Pasam, Anathi PathiinaiSendruanukapPasu, Pasam PathyanugilPasu, Pasam, Nillave.” \*\*

There is a word “Anadhi” in Tamil Language. It means there is no beginning and end. The God is “Anadhi”. He has no beginning and end, and in existence always. “pasu”, in Tamil Language means, all the living things in the world, including we are also “Anathi”.

\*\* Book Thirumanthiram in Tamil Language

Author: Saint Thirumoolar

Song No.159

Period: 8000 years before

Athma, in Tamil Language, existing in our self and all creatures is “Anadhi” . “OurAthma” only is taking birth, again and again for the past lakhs of years and in future, several times till we reaches the feet of “God” the Almighty. It could not be counted and nobody knows about it.

What or which decides our birth. It is we, our deeds good or bad deeds decide our birth every time.

There are two accounts maintained according to which our births are decided. The good things done by us are maintained. The bad things, sins done by us, killing other creatures, eating chicken, fish, mutton etc., stealing other’s properties giving mental or physical tortures to other human beings, looking other women with bad feelings, thoughts etc., are some of the sins. It is accounted for separately. The accounts maintained for our good and bad things are separate. There will be no plus or Minus, or any adjustment.

If a man or women has done good things, helping others, giving food for hungry persons, animals etc are some of the good things. Such persons will born in their next generation in a good, wealthy atmosphere.

We are doing good or bad deeds in our each birth/generation, according to which our next generation is being decided.

The persons who are killing and eating other animals, will born as a fish, chicken, cow, pig etc, as what they eat in this generation.

Our sins, and good things called in Tamil language as “Malam”. It is called “Mummalam”.

Three types of Malam. Our deeds good or bad done by us during previous generations would have been accumulated in huge quantity. Our deeds good or bad done by us in this present generation will be accounted for and added with our previous accumulation respectively.

Thus we are having our birth in this earth continuously without any end.

How we can reduce, our bad deeds from our accounts, first we should not do any sins in this generation and in every generation.

Even when we do good deeds in this generation it will also be accounted for and we have to born again in good atmosphere and so on.

If it is so what is the remedy or solution.

Even when we do good things, we should think that “I am not doing. It is not me. The God, the almighty has done this through me. I am only an instrument. Hence if any plus or minus, may go to the feet of the God”.

If we think in such a manner then there will not be a generation as an award. But to reduce the accumulations of our accounts bad or good, we have to born again and again.

Our “Aathma” (Anma) will carry with it all our plus and minus to our next generations.

In Tamil language, the hermit, by name “Sri ManikkaVasagaSwamy” wrote a famous book during 6<sup>th</sup> Century or before by name “Thiruvagasam”

In “Thiruvagasam” in “Siva Puranam” he wrote like this .....\*\*

1) Pullaki (Grass) 2) Poondagi (garlic) 3) Puluvai (Small worm) 4) Maramai (Trees) 5) Palvirugamaki (Animals) 6) Paravaiyai (birds) 7) Pambagi (Snakes) 8) Kallai (Stones) 9) Manitharai (Men & Women) 10) Payai (Saathan) 11) Kanangalai (Servants of God) 12) ValAsurarAgi (Asusar) 13) Munivarai (Hermits, Saints) 14) Devarai (A Group of persons having powers like gods but not Gods). SellaNindraIththaavaraSangamaththulEllapPirappum (All kinds of such generations) PiranduIlaiththen (Tired with such births), Emberuman (O’ God) Meyye (you are the only Truth) VunPonnadigalKandu (After seeing your Feet) Indru (Today) VeeduUtren. (Atlast I found the Motsam). No more births afterwards, after reaching your feet.

For example (Apprx.)

1) Creatures having One sense	-	100 crores
2) Creatures having Two senses	-	100 crores
3) Creatures having Three senses	-	100 crores
4) Creatures having Four senses	-	100 crores
5) Creatures having Five senses	-	100 crores
6) Creatures having Six senses		

\*\* “Thiruvagasam” Book in Tamil Language

Author: Sri Manickavasagar

Period: 6<sup>th</sup> Century or before

Chapter: “Sivapuranam”

At this stage we can remember the “Darwin theory that “The man came from ‘monkey’. I.e, the advanced stage of a Monkey is only “Man”. To say in short the creatures living in the world can be differentiated based on “sense”.

The creatures come under having one sense, two senses, three senses, four senses, five senses.

The human being only is having “sixth sense”.

In Tamil language there is a word that “84 lakhs yoni betham. All the creatures including human being are under “84 lakhs yoni betham.”

At this stage I can say that the total generation, population will not change. (It is only presumption).

Human being men & women -	700 crores
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Total	1200 crores
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It may differ from time to time as follows, but the total population will not change.

1) One sense	80 Crores	120 crores	130 crores
2) Two senses	120 crores	90 crores	120 crores
3) Three senses	120 crores	110 crores	120 crores
4) Four senses	120 crores	110 crores	120 crores
5) Five senses	120 crores	110 crores	120 cores
6) Six senses	640 crores	660 crores	590 crores
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	1200 crores	1200 crores	1200 crores
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Further we have to take into account the following truths/points also, for consideration, which may be useful before coming to any definite conclusion.

### Which are the causes determining our length of our lives?

1. Before coming to this birth as human being our parents, mother and father are the deciding facts of our body with or without any defects of deaf, blindness etc. It is also based on our good or bad deeds.

There is a song in “Thirumanthiram” which says that after the sexual relationship, is over on a day between the wife and husband, if the male/husband lies on the body of female, at the same position, the duration of such time will be a factor for fixing the life term of a child.

“PainthapinAnjodilAyhulumNoora  
gum

PainthapinNalodilParinilEnbatham

PainthidumVayupPakuththuArindh  
uIvvagai

PainthidumYogikkuPaicchalumam  
e”. \*\*

For example the long breath is taken as one unit. One long breath he lies on the body of his life partner, after his sex with her, the child born, may have a life term of 20years. If he lies at the same position, without withdrawal of his organ from that of her, for the duration of two breaths time, the child will have a life term of 40 years. Thus if it is 3 breaths time/ 4 and 5 breaths time the child will live

long for a period of 60 yrs/80 yrs/100 yrs respectively.

The god has given to all of us, 100 years as our term of life. If we breath 21,600 time a day it will be normal and we will have a life time of 100 years.

\*\* Thirumanthiram

2<sup>nd</sup> Thanthiram Song No.463

By Thirumoolar.(Total such songs is 3000)

Thus if we breath daily more than 21,600, say 30,000; 40,000 or 50,000 a day our total length of our life term will be reduced.

At the same time if we control our breath, and breath below 21,600 a day we will have more life term say 110 years, 120 years, 130 years etc.

We are breathing fast during running, getting angry, having sexual relationship etc., it will be a cause of wasting our breath.

But when compared to runners, the weight lifters, who are inhaling breath and keep it for some time without any loss of breath, they will have more life term than athletes, if they are otherwise normal.

In Tamil culture The Saints, Hermits who are practicing daily, the “yoga”(Pranayamam), Thiyanam(Meditation) they will have more life period than others.

The “siddhars” are living in this world in Forests, Hills, Caves etc for more than 1000 years. A saint by name “Thirumoolar” the author of “Thirumanthiram”(3000 songs) was living 3000 years and more in this world. His period is during 6000 B.C.

The purpose of having more period of life term is only to practice “yoga”(Pranayamam), to attain the feet of our almighty, God.

### What is the reasons for the children born with Blindness Deaf, Speechless, Transgender etc?

A child is born with defect in eye sight, hearing impaired, speechless etc. who is responsible for, such ill facts? Whether it's parents are responsible? And if so how?

Yes, the mother of the child is solely responsible for such deceases/defects.

“Thirumoolar” in his “Thirumanthiram” books says as follows:

“MathaUtharamMalamigilManthanam

MathaUtharamJalamigilMoongaiyam  
MathaUtharamIrandokkilKannillai

MathaUtharaththilvandhaKulavikki.”

\*\*

Explanation:

During the course of sexual relationship between a lady and a person, husband and wife, the lady should be free from motion, urine, in her stomach.

If there is motion in her stomach, the child will born with laziness. If there is urine in her stomach, the child will born as deaf and dumb and if there are both ie., motion and urine in her stomach, the childwill born without eye sight.

Therefore in Tamil culture during the Marriage Function , the married couple will be given to eat Milk and Banana Fruits by their relations so as to clear stomach and to be free from motion and urine.

Where the life/Anma is lying in our body?

What is the size of our life/Anma.

According to Tamil saint Thirumoolar, our life/Anma/Athma is lying in between our two eye brows. That is why, we are told to look at the tip of our nose, in between our Eye-brows, during our Meditation/Thiyanam, Pranayamam. This place is called as “Agnyai”. The symbol of this place,

6<sup>th</sup>Atharam, having like two leaves of Lotus Flower.

“Thirumanthiram” Song No.465

Book in Tamil Language

Author: Saint Thirumoolar

How the size of our life/Anma will be.

According to Thirumoolar, the Tamil saint, the author of “Thirumanthiram” in Tamil during 8000 B.C., the size of our life/Anma will be as follows:

Please see a cow. Take a hair from its tail. Make it into 100 pieces and then take one piece out of it. Again make it into 1000 pieces, out of 1000 pieces, take one piece. Our life/Anma will be like this in size.

“MeviyaJeevanVadiuuAthuSollidin  
KovinMayirOnru, NoorudanKoorittu  
MeviyaKoorathuAyiramanal  
AviyinKooruNooruAyiraththuOndrame”

\*\*

Translation:

If we try to say the size of our soul/life  
Take a hair of cow and make it into 100 pieces

Take one piece out of 100 and cut it into 1000 pieces

The size of our soul will be 1/one lakh.(one out of 1 lakh pieces of Hair)

The Journey of a child before Birth.



A child before coming to this earth will be staying in the body of the Male, in his Semen, for a period of Two months.

Then after sexual relationship with his wife/a lady it will go to the body of the lady and grow for a maximum period of 10 months or 277 days before coming to this earth. Thus the total period is 12 months.

\*\* “Thirumanthiram”

7<sup>th</sup>Thanthiram Song No.1974

By Thirumoolar

### How our life/Anma soul is going out after our death.

In our body there are 9 holes. Two eyes, Two ears, Two sides of Nose, One mouth, our organ, and back side hole. The life/Soul will go out of any one of holes, after our death.

The hermits, saints who are practicing Pranayamam/Meditation if they want to leave their body, they will shut all these 9 holes in their body, and they will open their Top point of their head, Kabalam, through which their Anma/Soul/life will go out.

After our death, ie., last breath , it may stay for some time in 7 worlds. (the world of our parents, their parents). In India there is a Ritual custom to give them(died parents) food once in a month on Dark Moon Day, through “Sesame Seeds”.

One month in our world may be equal to one day for our parents whose soul Anma is staying in “Pithurlogam”. Afterwards the soul may begin it’s journey through SixLogams(like our earth) before it gets its rebirth. It is endless.

### Where our Soul/Anma/Life will go after our death?

After our death, i.e., after we left body, our soul (Anma) is still in existence. It cannot be destroyed. It will begin it’s journey through so many birth in so many bodies of men, women or animals or any one of creatures, according to Sins/Good things we have done all along.

The Soul/Anma will carry with it, our Sins/Good things etc which will be called “genes”. As such we are carrying our genes with us along with our Soul/Anma/Athma.

Our Anma/Athma/Soul is “Anadhi”. That is, it has no beginning or end. Therefore our Genes should also have the same quality. The journey of our “genes” should be along with our “Soul”/Anma/Athma, i.e., the part and parcel of our Anma.

Based on the above theory, we are our “Fore Fathers”.

### What is the Journey of our Soul/Life after we left this body?

The body now, we are having is like a rented or lease building which we have to vacate when the period of our life term comes to an end.



We have born in so many times before and we are going to take birth again and again in Future.

Two accounts are being maintained in which our Sins and Good things will be added along with the balance we are having in our credit. We have to take our birth again and again according to our Sins or good things.

If we do sins like killing of other Creatures, stealing of others' properties, it will be credited into our account according to which we have to born and enjoy the Fruits of it.

Therefore to avoid a birth even to enjoy a good life term for our good things. "SaivaSiddhantham" tells and guides us to do anything, only in the "Name of God" (EllamAvanSeyal). Hence there may not be any credit to our account, when doing good things.

The journey of our birth is endless till our Soul/Anma/Athma reaches the feet of the almighty, the God.

Findings: Our Soul is carrying our "genes" always. The Journey of our "Soul/Anma/Athma" is endless. We have born so many times before. The bodies carrying our soul might differ, each and every time. But our Athma which is carrying our Genes always will take births again and again.

Therefore we are our Fore Fathers. The Genes now we are having in our body, might be identical with that of "genes" found in the bodies of our Fore Fathers.

### References:

1. Thirumanthiram by Thirumoolar 6000 B C
2. Thiruvasagam by ManickaVasagar 6<sup>th</sup> Century
3. Thirukkural by Thiruvalluvar 47 B C
4. SivagnanaBotham by Meikandar 700 Years Before

(All the above books are in Tamil Language)

### Acknowledgements

We have to submit our Acknowledgements and thanks to the ancient Hermits, Writers from whose books we had some ideas about writing this article. They belong to various periods of history.

#### 1) Sri Thirumoolar a Saint

His period was 6000 B.C. He was living for a period of 3000 years, i.e., from 6000 B.C. to 3000 B.C. He wrote "Thirumanthiram" book in Tamil Language containing 3000 songs and more, each song contains only 4 lines seems to be very simple language but consisting of secrets. His idol is situated in "Thiruvavaduthurai" Temple in Tamil Nadu. His photograph is enclosed.

#### SRI THIRUMOOLAR A SAINT (6000 B.C.)



## 2) Sri Manikavasagar A Saint

He was living before 6<sup>th</sup> Century or before. He wrote two books in Tamil called

1) Thiruvasagam and 2) Thirukkovaiyar.(His Photograph is enclosed. His Temple is situated near Madurai, Tamil Nadu).

Thiruvasagam was translated by G.U.Pope, who came from London to Tamil Nadu.

### **SRI MANIKAVASAGAR A SAINT(6<sup>TH</sup> CENTURY)**



## 3) Sri Thiruvalluvar A Saint

He wrote “Thirukkural” in Tamil Language. 1330 Songs. Each Songs contains only two lines. His period is 37 B.C. His photograph is enclosed. This book has been translated into so many Foreign Languages.

### **SRI THIRUVALLUVAR A SAINT (37 B.C.)**

## 4) Sri Maikandar A Saint

He wrote “Sivagnana Botham” which contains only 12 Suthras. Each Suthras contains only 3 lines. He belongs to 13<sup>th</sup> Century. His photo is also enclosed.

### **SRI MAIKANDAR A SAINT (13<sup>TH</sup> CENTURY)**

