Abstract:
This study aims to deeply explore the Saudi college students’ perspective about the role of audio and visual English media in developing their English speaking proficiency. To arrive to the best results possible, a focus group of five college students who were interested in improving their English proficiency was formed. Following the brainstorming technique, they created a questionnaire of six multiple choice, checkbox, rating, and scale questions which was reviewed by three experts and piloted on 30 students, improved accordingly, created by Google Forms, and finally distributed via WhatsApp groups. College students who were interested in improving their English speaking proficiency and used to listen to and/or watch English media were requested to respond to the questionnaire. A sample of 65 college students’ responses were received and the data was analyzed by Google Forms. The major results revealed that: - the immense majority of students believed that the English media could affect their speaking proficiency, - YouTube, social media, songs, and movies were the most repetitively and continuously used by students, - YouTube and movies were the types of media that affected the speaking proficiency the most and - pronunciation was the most affected area by the media. Related educational recommendations and deeper further studies were suggested.

Key words: Audio, Visual, Media, English, Speaking, Proficiency, College, Students

1. Introduction
Speaking, as a productive or active skill, is the twin of the other productive skill, writing (British Council, 2020). However, compared to writing, speaking is considered the natural tool for communication and it is used much more than writing (Hossain, 2015). We all speak to communicate our thoughts and ideas, but most of the time we face problems and difficulties (Al Hosni, 2014). Saudi college students like all other students face obstacles and challenges when learning and using English as a foreign language in general and most students find it very difficult and challenging to learn and practice the speaking skill in particular (Souriyavongsa et al., 2013; Alaraj, 2017). According to (Leong & Ahmadi, 2017) speaking is by far the most difficult skill to master. Students find it easier to deal with listening and reading as receptive skills, but there are many hindrances in the way of building speaking and writing proficiency. For some reasons, that could be investigated in a separate paper, most students find it easier to write than to speak. Since speaking is the main tool of communication for college students, improving and building speaking proficiency is actually a big challenge that needs more and more attention and consideration by learners, teachers and researchers (Al-Nasser, 2015; Shadiev & Yang, 2020). There are many techniques and strategies for learning the English-speaking skill. In this research article, the strategy of using the audio and visual media for improving and building a solid
speaking proficiency is investigated. This technique or strategy is chosen because it is widespread and accessible probably for all students nowadays. Although listening to conversations and watching videos could have an immense effect on speaking proficiency (English with Kim website, 2020; Shehada & Amer, 2018), very few students consciously spend enough time on this available chance and little interest and attention is paid to this way of learning by teachers and researchers. And it seems that those students who watch TV shows and movies and listen to English conversations in their free time do not consciously try to benefit from this valuable learning strategy. This research paper comes in this context; it tries to identify the audio and visual media used to enhance and improve the speaking proficiency and investigate how this strategy could affect improving the Saudi college students’ speaking proficiency.

The research questions (RQs) of this study are as follows:

**RQ1:** What are the audio and visual English media that are used by Saudi college students the most?

**RQ2:** How could the audio and visual English media affect Saudi college students’ English speaking proficiency?

### 2. Methodology

To arrive to the best results possible for the above two RQs, a well-developed survey was used as a data collection tool. A focus group of five college students who were interested in improving their English proficiency was formed and guided by their English teacher, the researcher himself. They first discussed the problem of the study and the two RQs. They were then requested to follow the brainstorming technique to create a questionnaire that can help in answering these two RQs. The aim was to reach deep, comprehensive, and reliable answers. To go deep into the answers of the research RQs, six multiple choice, checkbox, rating, and scale questions were formulated. The draft invented was given to three experts to review, proofread and edit. The final draft of the survey was piloted on 30 students, improved accordingly (See appendix A), created by Google Forms, and finally distributed via WhatsApp groups. College students who were interested in improving their English-speaking proficiency and used to listen to and/or watch English media were requested to respond to the questionnaire. A sample of 65 college students’ responses were received and the data was analyzed by Google Forms.

### 3. Results

In this part of the study, the results of the questionnaire were displayed in nine figures: six graphs and three tables. The first three figures tried to answer the first RQ and the other six tried to answer the second RQ.

The first RQ was as follows: What are the audio and visual English media that are used by Saudi college students the most?

The following two graphs and the table below tried to answer this question.

![Figure 1: The frequency of using audio and visual English media by Saudi college students](image.png)

As can be obviously seen from figure 1, as expected the vast majority voted for the **YouTube**, 61 out of 65 college students used to watch this media in English. In the second place with about two thirds of the participants came **Movies**, 39 out of 65 students used to watch this media. **Songs** and **Social media** occupied the third position with just under a half for the **Songs** and 43% for the **Social media**, 31 and 28 out of 65 participants, respectively. In the fourth place, just under a third played **Video games** and watched **TV**.
shows. In comparison, very few students used to listen to the rest of the media types.

Figure 2: The duration of using audio and visual media by Saudi college students a day

From figure 2 above, it can be calculated that Social media, YouTube, and Songs occupied the highest number of hours. Respectively, 13, 12 and 11 out of 65 college students used these three types of media in English for 3-4 hours. Came next Video games with 7 out 65 students who played these games for 3-4 hours. In comparison, not more than 5 to 4 students watched Movies and TV shows. Surprisingly, only one student listened to Audio books and no students chose Radio or Podcast. Excluding to some extent Songs and including Movies and TV shows, the media which captured the highest number of hours again occupied the 2-3 hours interval, with 10 students for Social media and Movies, 8 for both YouTube and TV shows and 6 for Video games. From 1-2 hours YouTube was again in the first place with 21 students, followed by Movies with 17 students, Video games and Songs with 15 students for both, and Social media with 10 voters. Finally, came Podcast with 7, TV shows with 6 and Radio and Audio books with 3 for both.

To be more accurate, the exact number of hours students listened to and/or watched each type of media a day was calculated in this table.

Figure 3: The duration of using audio and visual media by Saudi college students a day

Concerning how long college students spent time listening to and/or watching audio and visual English media, figure 3 above revealed that YouTube and Social media dominated the peak with 107.5 and 101.5 hours a day, respectively. As can be seen obviously there was a sudden drop when it came to Songs, Movies, and Video games which had a duration of 83.5, 77.5 and 71 hours, respectively. In the third place came TV shows with 53 hours a day followed by Podcast with 30.5 hours. One more drop can be read out concerning Audio books and Radio which had only 15 and 10 hours a day, respectively.

The second RQ was as follows: How could the audio and visual English media affect Saudi college students’ English-speaking proficiency?

The following four graphs and two tables tried to answer this question.

Figure 4: The extent to which the English media affect Saudi college students’ speaking proficiency
Figure 4 simply revealed college students’ perspective concerning the extent to which they believed the English media could affect their speaking proficiency. The immense majority of the participants voted for agreement with a total of 98.9% (just under two thirds strongly agreed and just above one third agreed), and only 1.6% believed that the English media had no effect on students’ speaking proficiency.

Figure 5: Effectiveness of English media in Saudi college students’ speaking proficiency

To go deep into answering RQ2, the students’ opinion on the types of media that affected the speaking proficiency the most was surveyed. The nine types of media could be divided into three levels of effectiveness: high, medium, and low. YouTube and Movies dramatically exceeded the other options with two thirds for each as shown in figure 5 above. Songs, TV shows and Video games were in the second position with about a quarter. And finally came Social media, Podcast and Audio books. According to students’ opinion Radio had a very limited effectiveness.

Having an insight into the results above, surprisingly, there were six areas of agreement on what was being listened to and/or watched and what students believed about the effectiveness of these types of media in developing speaking proficiency. However, it could be also noticed that there were three areas of difference/partial difference where students did not necessarily watch and/or listen to the type of media they believed had more effectiveness in improving their speaking proficiency. This table summarizes the similarities and differences between the frequency (See figure 1.) and duration (See figures 2, and 3.) of listening to and/or watching these types of media on one side and students’ opinions about the effectiveness (See figure 5.) of these types in improving speaking proficiency on the other side.

<table>
<thead>
<tr>
<th>Media type</th>
<th>Frequency</th>
<th>Duration</th>
<th>Effectiveness</th>
</tr>
</thead>
<tbody>
<tr>
<td>Students’ choice from high to low</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>YouTube</td>
<td>YouTube</td>
<td>YouTube</td>
<td>Identical</td>
</tr>
<tr>
<td>Movies</td>
<td>Social media</td>
<td>Movies</td>
<td>Partially different</td>
</tr>
<tr>
<td>Songs</td>
<td>Songs</td>
<td>Songs</td>
<td>Identical</td>
</tr>
<tr>
<td>Social media</td>
<td>Movies</td>
<td>TV shows</td>
<td>Different</td>
</tr>
<tr>
<td>Video games</td>
<td>Video games</td>
<td>Video games</td>
<td>Identical</td>
</tr>
<tr>
<td>TV shows</td>
<td>TV shows</td>
<td>Social media</td>
<td>Different</td>
</tr>
<tr>
<td>Podcasts</td>
<td>Podcasts</td>
<td>Podcasts</td>
<td>Identical</td>
</tr>
<tr>
<td>Audio books</td>
<td>Audio books</td>
<td>Audio books</td>
<td>Identical</td>
</tr>
<tr>
<td>Radio</td>
<td>Radio</td>
<td>Radio</td>
<td>Identical</td>
</tr>
</tbody>
</table>

Figure 6: Similarities and differences between frequency, duration, and effectiveness of listening to and/or watching English media types

As can be obviously seen in figure 6 above, there were six identical areas (YouTube, Songs, Video games, Podcasts, Audio books, and Radio) where students frequently and continuously watched and/or listened to various types of media on the one hand and thought of an effectiveness of these media in
improving speaking proficiency on the other hand. Concerning **Movies**, students chose the same level of frequency and effectiveness, but the duration was two levels lower than the effectiveness. Regarding **TV shows**, students gave the same level of duration and frequency on the one hand, but a higher level of effectiveness on the other hand. Finally, **Social media** showed completely different levels of duration, frequency, and effectiveness. It was given two levels of duration higher than frequency on the one side and two levels of effectiveness lower than frequency and four levels lower than duration.

Going deeper and deeper, the participants were asked to rate the five main language areas according to the extent they were positively affected by the English media. This graph is similar in purpose to the previous one, figure 6. However, it attempted to go deeper and give more specific values to the influence and improvement that happened to these five language areas. As can be seen in figure 7 above, **Pronunciation** occupied the highest level (5) concerning the effectiveness of English media on speaking proficiency with 22 out of 65 participants, followed by **Vocabulary** and **Sentence structure** with 13 and 11, respectively. Finally, **Fluency** came next with 7 participants and no students chose **Grammar** to be highly affected. Regarding the next highest level (4), four areas received a similar evaluation: 16, 16, 14 and 14 out of 65 for **Fluency**, **Sentence structure**, **Pronunciation** and **Vocabulary**, respectively. **Grammar** again was placed in the end with only 8 votes. In comparison, the graph above showed the opposite order for **Grammar** to be on the top of level 3 and 2 (21 and 22 out of 65 votes), and the other four areas with a similar level between 13 to 16 out of 65. Finally, **Grammar** and **Fluency** were elected to be in level 1 by 14 and 12 participants, respectively, followed by **Sentence structure** and **Vocabulary** with 8 and 7, and lastly **Pronunciation** with only 1 participant.

To be more accurate, the extent to which the various areas were affected by the English media was calculated in this table.

**Figure 7: The various language areas that can be improved by the English media the most**

**Figure 8: The extent to which the various areas were affected by the English media**
Concerning the extent to which the various areas were affected by the English media, figure 8 above revealed that Pronunciation dominated the peak with 238 degree of effectiveness. As can be seen obviously there was a sudden drop when it came to Sentence structure, Vocabulary and fluency which had degrees of 202, 205 and 187. Showing one more drop, Grammar came in the lowest place with 153 degree.

4. Discussion:

This research tried to investigate the role of audio and visual media in improving English speaking proficiency from Saudi college students’ perspective. As previously mentioned, the research problem is the learning deficiency of the English-speaking skill among the Saudi college students. Like all other students, Saudi students face problems and difficulties and find it very difficult to learn and practice the speaking skill in particular. The major findings revealed by the answers of the two RQs are as follows:

1- It was clear that students frequently used visual English media much more than audio media (See figure 1). They also spent much more time watching visual English media than listening to audio media (See figures 2 and 3).

2- YouTube, social media, songs, and movies were the most repetitively and continuously used by students, followed by video games and TV shows (See figures 1, 2, and 3).

3- Concerning the extent to which students believed the English media could affect their speaking proficiency, the immense majority voted for agreement (See figure 4).

4- Regarding students’ opinion on the types of media that affected the speaking proficiency the most, the nine types of media could be divided into three levels of effectiveness, high: YouTube and movies, medium: songs, TV shows and video games, and low: social media, podcasts and audio books. According to students’ opinion, radio had a very limited effectiveness (See figure 5).

5- There were six areas of agreement on what was being listened to and/or watched compared to what students believed about the effectiveness of these types of media on speaking proficiency. However, it could be also noticed that there were three areas of difference/partial difference where students did not necessarily watch and/or listen to the type of media they believed had more effectiveness in improving their speaking proficiency (See figure 6).

6- Regarding the extent to which the various areas were improved and affected by the English media, pronunciation dominated the peak of effectiveness, followed by a sudden drop regarding sentence structure, vocabulary, and fluency. Showing one more drop, grammar came in the lowest place (See figures 7, 8 and 9).

The world of today is the world of media and people of today receive the media with and from the air they breathe. This makes media a...
constant and excellent source to learn from. According to (Student Counselling Service, 2016), the more human senses are involved in a situation, the better an individual can fully live that situation and as a result experience, learn and memorize what he/she has been exposed to. In this context we can understand why such adult students prefer not only to listen to, but also to watch what is being shown on the various types of media. Taking into account that speaking is the main tool and the key means of human interaction and communication, the immense majority of students agree that media in general and visual types of media in particular positively affect their speaking ability, if not speaking, what could be affected?

Culture is like a glass from which people drink language. Every language has its own culture and the relationship between the two is an animate and authentic one. According to (Clear Words Translations, 2017), to comprehensively and deeply learn a language, it should be put in a cultural context, otherwise something would seem missing and the situation would lack its lively meaning. And what is a better way to expose yourself to the culture than media? In this context we can realize why such students prefer to watch visual types of media rather than to listen to other types that lack clear cultural aspects, animation, and authenticity. This could be the reason that stands behind their preference and giving priority to YouTube and movies to be the most used and considered as a source of positive effectiveness on speaking proficiency. On the contrast, they show a relative lack of interest in social media, podcasts, and audio books. And in the middle, they place songs, TV shows and video games. Radio is considered to have a very limited effectiveness.

Now why results show a very high level of similarity and agreement between what is being listened to and/or watched compared to what students believe about the effectiveness of these types of media on speaking proficiency? For example, they watched YouTube more frequently and for longer time than the other types of media and believe that YouTube has the highest level of effectiveness on improving their speaking proficiency. It could be the mixture of authenticity and animation features the YouTube has with the potential desire in students to improve their English in general and their speaking ability in particular that leads to such agreement and similarity. That desire maybe emerges from the idea that put those who can speak English fluently in an appearance of a prestigious and impressive situation among others. Concerning the other types of media, although there are some slight differences in their level places, all the visual types come first and have higher levels of frequency and duration of watching visual types than levels of listening to audio types. Academic purposes and communicating with teachers could be one more reason which interprets this similarity. Those college students’ need to improve their English language and their speaking proficiency in order to understand the scientific content they study and to easily communicate with their teachers, and this perhaps leads to similar duration and frequency of higher levels of watching visual types with their belief of the effectiveness of such types than listening to audio types.

Pronunciation is one if not the most difficult area of learning a foreign language. And this is the case here for Saudi students (Alaraj, 2016; Alaraj, 2017). That is probably why pronunciation dominates the peak of effectiveness according to those students. They possibly think that because their pronunciation is originally weak, and they feel the difference in improvement over the days. Concerning grammar, it could be the nature of this area of language that needs purposeful and previous preparation and direct teaching which is not available in media. This is probably why grammar comes in the lowest place where media affects language areas. Regarding sentence structure, vocabulary, and fluency, it maybe their nature, which is opposite to grammar, namely these expressions could be acquired spontaneously and unintentionally, that place them in the middle position. They
are less difficult than pronunciation and do not necessarily need what grammar needs of purposeful preparation and direct teaching to be acquired.

5. Conclusion:

In conclusion, the world of media has an intensive and extensive material that could be invested in education in general and in teaching English as a foreign language in particular. Educators and teachers can make use of this cultural, authentic and animated material to help English learners improve their English language, especially their speaking abilities, by creating special learning-directed activities. If students have the purpose of improving their speaking proficiency in mind while watching the various types of media, the opportunity to advance all related speaking areas will be greater. According to this study, visual media have more indirect, positive, and effective impact on the speaking proficiency than audio media. This is because the more human senses are involved in the learning process, the better a learner can absorb the targeted content. Although this study was conducted in a specific region, the results could be generalized in similar places where English is used as a foreign language. Further suggested studies could be carried out to investigate individualizing the idea of making use of the media in improving the different English language skills where a student can choose to listen to and/or watch what he/she thinks more effective to positively advance his/her targeted skill.

References


m. Student Counselling Service. (2016). Long- and Short-Term Memory. The University of Chicago. https://courses.lumenlearning.com/austincc-
Assalamu Alaikum! I am Mamoon Alaraj, a professor in the Faculty of Engineering at King Abdelaziz University, Jeddah. I am conducting a survey about the Role of Audio and Visual Media in Improving English-Speaking Proficiency. If you are interested in improving your English-speaking proficiency and used to listen to and/or watch English media, please take a moment to answer these questions.

Thank you

1-What are the audio and visual English media you frequently listen to and/or watch the most? (You can pick 3 at most.)
   - YouTube ( )
   - TV shows ( )
   - Movies ( )
   - Video games ( )
   - Songs ( )
   - Social media ( )
   - Radio ( )
   - Audio books ( )
   - Podcasts ( )
   - Other: ……………………….

2- How long do you usually listen to and/or watch the above English media a day? (Check one box per row.)

<table>
<thead>
<tr>
<th>Duration Media</th>
<th>Never</th>
<th>Less than 1 hour</th>
<th>1-2 hours</th>
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<tbody>
<tr>
<td>YouTube</td>
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<td>Podcasts</td>
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</table>

3-The above media can positively affect students’ English-speaking proficiency.
   - Agree ( )
   - Strongly agree ( )
   - Disagree ( )
   - Strongly disagree ( )

4-In your opinion, which from the above media positively affects English-speaking proficiency the most? (You can pick 3 at most.)
   - YouTube ( )
   - TV shows ( )
   - Movies ( )
   - Video games ( )
   - Songs ( )
   - Social media ( )
   - Radio ( )
   - Audio books ( )
   - Podcasts ( )

5-These media can improve students’ ………………the most. (You can pick 2 at most.)
   - Vocabulary ( )
   - Pronunciation ( )
   - Fluency ( )
   - Grammar ( )
   - Sentence structure ( )
   - Other: ……………………….

6-Rate the above items according to how much they are positively affected. (1 is the lowest effect and 5 is the highest effect.)

<table>
<thead>
<tr>
<th>Item Rate</th>
<th>1</th>
<th>2</th>
<th>3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vocabulary</td>
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<tr>
<td>Pronunciation</td>
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<tr>
<td>Sentence structure</td>
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